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PATENT APPLICATION

IMPROVED METHODS FOR THE
DIAGNOSIS AND TREATMENT OF DIABETES

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IMPROVED METHODS FOR THE
DIAGNOSIS AND TREATMENT OF DIABETES

BACKGROUND OF THE INVENTION

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10 Government has certain rights in this invention.

This application is a continuation-in-part of application serial number 07/579,007, filed on September 7, 1990, the disclosure of which is incorporated herein by reference.

15 1. Field of the Invention

The present invention relates generally to improved methods for identifying and treating individuals who suffer from or are susceptible to diabetes. More particularly, the present invention relates to the use of
20 glutamic acid decarboxylase to detect pancreatic β -cell specific autoantibodies in sera of diabetic or prediabetic individuals and inhibit the immune response which causes β -cell destruction.

Insulin dependent diabetes mellitus (IDDM)
25 primarily afflicts young people. Although insulin is available for treatment, the several fold increased morbidity and mortality associated with this disease urge the development of early diagnostic and preventive methods. The destruction of pancreatic β -cells, which
30 precedes the clinical onset of IDDM, is mediated by autoimmune mechanisms. Among the most thoroughly studied autoimmune abnormalities associated with the disease is the high incidence of circulating β -cell specific autoantibodies at the time of diagnosis. Family studies
35 have shown that the autoantibodies appear prior to overt IDDM by a number of years, suggesting a long prodromal period of humoral autoimmunity before clinical symptoms

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emerge. The family studies have also documented a slow, progressive loss of insulin response to intravenous glucose in the years preceding diagnosis. The presence of β -cell specific autoantibodies in the prediabetic period is likely to reflect the ongoing autoimmune process, one that eventually leads to critical β -cell depletion and insulin dependency. It has been estimated that only 10% of the total β -cell mass remains at the time of clinical onset.

A major goal of diabetes research has been to develop immune interventions that block or inhibit the destruction of β -cells and development of IDDM. Since immune interventions will probably always confer some risk of untoward side effects, highly sensitive, specific and easily applicable markers for the prediabetic stage are needed if such a treatment is to become an acceptable alternative to replacement therapy with insulin.

In addition to preventative treatment, methods for early and accurate identification of susceptible individuals are needed. Assays that can detect autoantibodies associated with early humoral autoimmunity accompanying β -cell destruction are particularly desirable. The classical method for detecting islet cell autoantibodies is by immunohistology using frozen pancreatic sections. Family studies, however, have shown that the β -cell cytoplasmic antibodies (ICCA) measured by this method are of insufficient specificity to serve as a single marker of susceptibility. Moreover, ICCA are very difficult to standardize and interpretation of the stained section is subject to observer bias. Thus, there has been no way to define what is a "positive" specimen. More accurate assays may be achieved by employing more specific markers, either alone or in combination with ICCA. Alternative markers include 64k autoantibodies, insulin autoantibodies, and MHC class II DR/DQ β haplotype.

Assays for the early detection of humoral responses in IDDM should provide a rapid and quantitative measurement of the particular marker, preferably by conventional serum assay protocols, such as enzyme linked immunosorbent assay (ELISA) and/or a radioimmunoassay (RIA). Such assays should detect a primary β -cell target antigen characteristic of humoral autoimmunity and should have improved sensitivity and specificity relative to the ICCA assay in predicting IDDM. Insulin and the 64k β -cell autoantigen are currently the only known potential primary target antigens of humoral autoimmunity in IDDM, if β -cell expression and specificity are applied as criteria for such an antigen. Insulin autoantibodies have an incidence of only 30-40% in young children, and much lower in older children and adults, who develop IDDM. The 64k autoantibodies have an incidence of about 80% both at the time of clinical onset and in the prediabetic period and have been shown to precede overt IDDM by several years in familial studies and to be detected concomitantly with and sometimes before, but never later than ICCA and IAA. Thus, the detection of 64k autoantibodies promises to be a useful approach for early detection of IDDM.

Detection of the 64kD autoantigen, however, has been problematic. The 64kD autoantigen was heretofore only identified in the pancreatic β -cell, and has not been purified in sufficient quantities to allow sequencing, cloning, or other identification which would have permitted large scale preparation of reagents necessary for detection or therapy. For these reasons, detection of the 64k autoantibody has been by immunoprecipitation with detergent lysates of rat and human islets. Such assays are expensive, time consuming and not easily adapted to clinical laboratory settings. Therefore, they would not be suitable for widespread screening of human populations to identify individuals at risk for developing IDDM.

For these reasons, it would be desirable to identify the nature of the 64kD autoantigen so that large quantities of the autoantigen or analogs thereof could be obtained for use as reagents in detection and therapy of IDDM.

2. Description of the Relevant Art

The 64kD autoantigen in pancreatic β -cells was identified originally as a target of autoantibodies in IDDM by immunoprecipitation experiments using detergent lysates of human islets (Baekkeskov et al. (1982) Nature 298:167-169). Antibodies to the 64kD autoantigen precede the clinical onset of IDDM and have been shown to have an incidence of about 80% at clinical onset and during the prediabetic period (Baekkeskov et al. (1987) J. Clin. Invest. 79:926-934; Atkinson et al. (1990) Lancet 335:1357-1360; and Christie et al. (1988) Diabetologia 31:597-602). The rat and human 64kD protein are highly homologous with regard to autoantigenic epitopes (Christie et al. (1990) J. Biol. Chem. 265:376-381). The 64kD autoantigen in islets of Langerhans is detected in three different forms with regard to hydrophobicity and compartmentalization: a hydrophilic soluble form of 65kD and pI of approximately 7.1; a 64kD hydrophobic form, which is soluble or of a low membrane avidity and has a pI of approximately 6.7; and a hydrophobic firmly membrane anchored form of the same electrophoretic mobility and pI. Both the membrane bound and the soluble hydrophobic 64kD forms exist as two isoforms, α and β , which have identical pI and hydrophobic properties but differ by approximately 1 kD (Baekkeskov et al. (1989) Diabetes 38:1133-1141). The 64kD autoantigen was found to be β -cell specific in an analysis of a number of tissues, which did not include the brain (Christie et al., *supra.*).

Patients with a rare but severe neurological disease, Stiff Man Syndrome (SMS), have autoantibodies to GABA-ergic neurons. Glutamic acid decarboxylase (GAD),

the enzyme that synthesizes GABA from glutamic acid, was found to be the predominant autoantigen (Solimena et al. (1988) N. Engl. J. Med. 318:1012-1020 and Solimena et al. (1990) N. Engl. J. Med. 322:1555-1560). Almost all the GABA-ergic neuron autoantibody positive patients were also positive for islet cell cytoplasmic antibodies, as demonstrated by immunofluorescence of pancreatic sections, and one third had IDDM. In addition, autoantibodies to GABA-ergic neurons, detectable by immunocytochemistry, were detected in 3 of 74 IDDM patients without SMS (Solimena et al. (1988) *supra.* and Solimena et al. (1990) *supra.*). Other studies have also reported a high incidence of IDDM in SMS patients (Lorish et al. (1989) Mayo Clin. Proc. 64:629-636). GAD is found at high levels in islets of Langerhans (Okada et al. (1976) Science 194:620-622). Within the islet, GAD is selectively localized to β -cells and absent in the other three endocrine cell types, the α , δ , and PP cells (Garry et al. (1988) J. Histochem. & Cytochem. 36:573-580 and Vincent (1983) Neuroendocrinol. 36:197-204). While little is known about the biochemical properties of pancreatic GAD, the brain protein has been partially characterized. In the rat brain, 60% of the protein was found to be membrane bound and 40% was soluble following homogenization (Chang and Gottlieb (1988) J. Neurosci. 8:2123-2130). GAD in brain consists of at least two isomers resolved by differences in electrophoretic mobility in SDS-PAGE. Their molecular weights have been described as 59-66kD (Chang and Gottlieb, *supra.*). Immunogenic epitopes of both isoforms are highly conserved from rodents to humans (Legay et al. (1986) J. Neurochem. 46:1478-1486). The mRNA of the larger form has been cloned and sequenced (Kaufman et al. (1986) Science 232:1138-1140 and Julien et al. (1990) J. Neurochem. 54:703-705. The protein is detected in a dimer form under non-reducing conditions (Legay (1987) J. Neurochem. 48:1022-1026). Erlander et al. (1991) Neuron

7:91-100 describes the cloning and sequencing of both the higher and lower molecular weight forms of rat CNS GAD. Cram et al. (1991) describes the partial sequencing of the brain and pancreatic forms of human GAD and reports seven amino acid substitutions over a 180 amino acid sequence. The sequence of the gene encoding the higher molecular weight form of rat CNS GAD is reported in Julien et al. (1990) J. Neurochem. 54:703-705. Portions of the experimental work underlying the present invention were reported in Baekkeskov et al. (1990) Nature 347:151-156.

SUMMARY OF THE INVENTION

According to the present invention, improved methods for diagnosing and monitoring diabetic and prediabetic individuals comprise exposing a serum sample from a patient to purified ligand capable of specifically binding autoantibodies reactive with an approximately 64kD pancreatic β -cell autoantigen(s) (commonly referred to as the 64kD autoantigen, but in fact comprising two distinct molecular weight forms as described below) and detecting complex formation between the ligand and the autoantibodies. The purified ligand is usually glutamic acid decarboxylase (GAD) or a fragment thereof, but may also be other ligands, such as anti-idiotypic antibodies specific for the binding region of the autoantibodies or peptides mimicking the epitopic region(s) of glutamic acid decarboxylase which binds to the autoantibodies. Preferably, the methods will detect the presence of autoantibodies to both a lower molecular form of GAD and a higher molecular weight form of GAD, more preferably distinguishing between the presence of antibodies reactive with each form.

In contrast to previous methods for detection of autoantibody to the pancreatic antigen, which have generally required the use of lysed pancreatic islet cells, use of purified ligand capable of specifically binding to the autoantibodies allows performance of a

wide variety of convenient assay protocols capable of detecting the autoantibodies even at very low concentrations. Exemplary assay protocols include solid phase assays employing immobilized ligand capable of capturing the autoantibody, where the amount of captured antibody may be measured competitively or non-competitively. Exemplary competitive assays include radioimmunoassays (RIA) and enzyme-linked immunosorbent assays (ELISA) while exemplary non-competitive assays include sandwich assays. Alternatively, homogeneous assay protocols may be employed where binding of the autoantibody to a labelled ligand complex results in modulation of a signal from the complex, e.g., modulation of the activity of an enzyme label. Also useful will be enzyme assays where determination of GAD activity is used as a direct measure of autoantibody present in sera.

In another aspect, the present invention comprises compositions and methods for the treatment and prevention of diabetes by administration of a protective amount of purified ligand capable of immunologically mimicking at least a portion of the 64 kD pancreatic β -cell autoantigen. In order to induce a protective immune response (i.e., tolerance of the 64 kD autoantigen), it may be desirable to couple the ligand to immunoglobulins or lymphoid cells prior to administering to the patient.

In yet another aspect of the present invention, GAD or an equivalent ligand can be used to stimulate and isolate the T-helper cells involved in the humoral response which produces the 64 k autoantibodies. The isolated T-cell receptors on such cells may, in turn, be administered to a patient as an immunopreventive therapy.

BRIEF DESCRIPTION OF THE DRAWINGS

Fig. 1 includes a pair of fluorograms demonstrating that antibodies raised against glutamic acid decarboxylase and the 64kD autoantibody obtained

from diabetic sera recognize the same protein in rat islets.

Fig. 2 is a Western blot of immunoprecipitates from rat brain and rat islet cells obtained by reaction with 64k antibody positive sera and glutamic acid decarboxylase antibody positive sera.

Fig. 3 includes two plots demonstrating that glutamic acid decarboxylase enzyme activity is inhibited in islet cell and brain cell lysates by immunoprecipitation with 64k antibody positive sera.

Fig. 4 is an immunofluorescence micrograph demonstrating the presence of glutamic acid decarboxylase in rat pancreatic β -cell islets.

Fig. 5 includes a two-dimensional gel electrophoresis of the 64kD autoantigen in rat brain and islet cells and a Western blot of soluble and particulate glutamic acid decarboxylase from rat brain and islets before and after trypsin digestion.

Fig. 6 includes a Western blot of neonatal rat brain and islet cells probed with glutamic acid decarboxylase antibody positive sera and diabetic sera.

Fig. 7 includes micrographs showing nerve terminals stained with the same sera, demonstrating the identity of a glutamic acid decarboxylase and the 64kD autoantigen.

Fig. 8 is a chart illustrating the pattern of autoantibody reactivity with the higher and lower molecular weight forms of GAD in diabetic patients, prediabetic patients, patients suffering from stiff man syndrome, and controls.

DESCRIPTION OF THE SPECIFIC EMBODIMENTS

The present invention results from our discovery that the 64kD autoantigen of pancreatic β -cells (which are the insulin-secreting cells of the islets of Langerhans) is glutamic acid decarboxylase (GAD) (E.C. 4.1.1.15) which is an abundant protein of GABA-secreting neurons in the central nervous system (CNS). In

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purified ligand utilized in the present invention may be based on non-human, as well as human forms of GAD, such as rat, feline, and other forms which have been previously characterized.

5 More detailed characteristics of the lower molecular weight and higher molecular weight forms of pancreatic GAD are provided in the Experimental section hereinafter. Specifically, it is shown that the CNS and pancreatic forms of GAD are substantially identical for
10 both the lower molecular weight and higher molecular weight forms. Thus, the CNS and pancreatic forms of GAD can be used interchangeably in the methods of the present invention, although natural GAD isolated from animal sources is available in quantity only from CNS cells.

15 The data in the Experimental section further demonstrate that recombinantly produced rat GAD is suitable for detecting the 64kD autoantibodies in humans. Thus, the animal source of the GAD utilized in the assays does not appear to be critical. The molecular weight
20 form of the GAD utilized to detect the autoantibodies, however, is an important aspect of the present invention, as described in more detail below.

 The methods of the present invention employ purified ligand for the 64kD autoantibodies for detection
25 of such autoantibodies in serum samples. The purified ligand will usually be an isolated form of CNS GAD or a recombinantly-produced form of CNS GAD or pancreatic GAD, but may also be a GAD fragment or other peptide which defines an epitopic binding site capable of specifically
30 binding the 64 k autoantibodies. It will be appreciated that knowledge of the DNA sequence of the GAD gene as well as the amino acid sequence of GAD allow identification and preparation of a variety of synthetic peptide compositions which can be utilized as the
35 purified ligand of the present invention. Additionally, the methods of the present invention could utilize anti-

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idiotypic antibodies capable of specifically binding the 64 k autoantibodies.

The purified ligand of the present invention may be natural, i.e., intact CNS or pancreatic GAD or fragments thereof, isolated from suitable sources, such as human or non-human CNS and pancreatic cells. Methods for such isolation are described in Oertel et al. (1980) Brain Res. Bull. Vol. 5, Suppl. 2, pp 713-719; Oertel et al. (1981) J. Neurosci. 6:2689-2700; and Chang and Gottlieb (1988) J. Neurosci. 8:2123-2130, the disclosures of which are incorporated herein by reference. Usually, natural polypeptides will be isolated from CNS cells where GAD is more abundant than in pancreatic cells.

Natural polypeptides may be isolated by conventional techniques such as affinity chromatography. Conveniently polyclonal or monoclonal antibodies may be raised against previously-purified GAD and may be utilized to prepare a suitable affinity column by well known techniques. Such techniques are taught, for example, in Hudson and Hay, *Practical Immunology*, Blackwell Scientific Publications, Oxford, United Kingdom, 1980, Chapter 8. Usually, an intact form of GAD will be obtained by such isolation techniques. If peptide fragments are desired, they may be obtained by chemical or enzymatic cleavage of the intact molecule.

As an alternative to isolating intact GAD from natural sources, it will be possible to prepare synthetic proteins and polypeptides based on the sequences of the two molecular weight forms of CNS and/or pancreatic GAD. Peptide sequences from the lower molecular weight form of CNS GAD are reported in Chang and Gottlieb (1988), *supra*. The nucleic acid sequences of the lower molecular weight form of CNS GAD and/or pancreatic GAD may be obtained by conventional techniques using a nucleic acid probe based on the DNA sequence of the higher molecular weight form of CNS GAD which is reported in Julien et al. (1990) J. Neurochem. 54:703-705, the disclosure of which is

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Julien et al., *supra*. Alternatively, polynucleotides may be synthesized based on the reported DNA sequence by well known techniques. For example, single-stranded DNA fragments may be prepared by the phosphoramidite method described by Beaucage and Carruthers (1981) Tett. Letters 22:1859-1862. A double-stranded fragment may then be obtained by synthesizing the complementary strand and annealing the strands together under appropriate conditions or by adding the complementary strand using DNA polymerase with an appropriate primer sequence.

The natural or synthetic DNA fragments coding for the desired GAD protein or fragment will then be incorporated in DNA constructs capable of introduction to and expression in an *in vitro* mammalian cell culture. Usually, the DNA constructs will be capable of replicating in prokaryotic hosts in order to facilitate initial manipulation and multiplication of the construct. After a sufficient quantity of the construct has been obtained, they will be introduced and usually integrated into the genome of cultured mammalian or other eukaryotic cell lines.

DNA constructs suitable for introduction to bacteria or yeast will include a replication system recognized by the host, the GAD DNA fragment encoding the desired protein or polypeptide product, transcriptional and translational initiation and regulatory sequences joined to the 5'-end of the structural DNA sequence, and transcriptional and translational termination regulatory sequences joined to the 3'-end of the structural sequence. The transcriptional regulatory sequences will include a heterologous promoter which is recognized by the host.

Conveniently, available cloning vectors which include the replication system and transcriptional and translational regulatory sequences together with an insertion site for the GAD DNA sequence may be employed. For transformation of mammalian and other eukaryotic cell

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lines, co-transfection of the cell lines in the presence of suitable marker, such as the DHFR gene, may be employed. Transfection may also be accomplished using chemical or electroporation techniques.

5 The ligands of the present invention will be utilized in a substantially pure form, that is, typically being at least about 50% w/w (weight/weight) purity, as well as being substantially free from interfering proteins and contaminants. Preferably, the ligands will
10 be isolated or synthesized in a purity of at least about 80% w/w and, more preferably in at least about 95% w/w purity. Using conventional protein purification techniques, homogeneous peptides of at least 99% w/w can be obtained. For example, the proteins may be purified
15 by use of antibodies specific for the GAD polypeptides using immunoadsorbent affinity chromatography. Such affinity chromatography is performed by first linking the antibodies to a solid phase support and then contacting the linked antibodies with the source of the ligand
20 polypeptides, e.g., lysates of CNS or pancreatic cells or cells which have been recombinantly modified to produce GAD, or of supernatants of cells which have been recombinantly modified to secrete GAD when cultured.

 For use in purification, antibodies to GAD may
25 be obtained by injecting GAD or GAD fragments into a wide variety of vertebrates in accordance with conventional techniques. Suitable vertebrates include mice, rats, sheep, and goats. Usually, the animals are bled periodically with successively bleeds having improved
30 titer and specificity. The antigens may be injected intramuscularly, interperitoneally, subcutaneously, or the like. Usually, vehicles employed such as a complete or incomplete Freund's adjuvant. Preferably, monoclonal antibodies can be prepared by well-known techniques. In
35 particular, monoclonal Fab fragments may be produced in *E. coli* by the method of Huse et al. (1989) Science 246:1275-1281.

The assays of the present invention will detect the presence of at least one of the two molecular weight forms of GAD in patient sera, and will preferably detect both forms. It has been found (as described in the Experimental section hereinafter), that diabetic and prediabetic patients will usually have autoantibodies to both molecular weight forms of GAD, but in some cases will only have antibodies to either the higher molecular weight form or the lower molecular weight form. Thus, the preferred assay of the present invention will be able to detect the presence of antibodies reactive with either of the molecular weight forms of GAD, even in the absence of antibodies to the other molecular weight form.

Even more preferably, the assays of the present invention will be able to separately detect the presence of autoantibodies to each of the two molecular weight forms of GAD. It is believed that the pattern of antibodies present (i.e., only to the higher molecular weight GAD, only to the lower molecular weight GAD, or to both the molecular weight forms of GAD) will be a significant diagnostic indicator of the diseased state.

Assays for the separate detection of higher molecular weight GAD and of lower molecular weight GAD may conveniently be run by reacting the patient sera separately with each form of GAD, where the other form is substantially absent. The use of recombinantly produced GAD (or GAD fragments or analogs) will be particularly useful for performing separate detections since the GAD so produced will be free from the other molecular weight form.

In many cases, however, it will still be desirable to screen patient sera for the presence of both molecular weight forms of GAD simultaneously. A negative result (i.e., no reaction) will indicate that the patient is neither diabetic or prediabetic. A positive result will indicate that the patient is diabetic or prediabetic. The patient sera can then be further

screened for the presence of each autoantibody separately, if desired. Simultaneous screening can conveniently be accomplished either with combinations of the two molecular weight forms of GAD which are isolated together from animal sources, or by combining separately produced recombinant GAD of each molecular weight form.

Assays according to the present invention typically rely on exposing the purified ligand(s) to a serum sample and detecting specific binding between the ligand and autoantibodies for the 64kD pancreatic β -cell autoantigen which may be present in the serum. Binding between the autoantibodies and purified ligand indicates that the autoantibodies are present and is diagnostic of a diabetic or prediabetic condition in the patient. Alternatively, such assays can be used to monitor the condition of a patient who has undergone a pancreatic islet cell transplant, where the presence of the 64 k autoantibodies indicates an adverse immune response to the transplanted cells. The particular assay protocol chosen is not critical, and it is necessary only that the assay be sufficiently sensitive to detect a threshold level of the autoantigen which is considered to be positive.

Assays according to the present invention will be useful for identifying patients who are either prediabetic, i.e., who have circulating autoantibodies to the 64 kD autoantigen but who have not yet suffered sufficient damage to the insulin-producing β -cell to be clinically identified as having IDDM, or who suffer from clinical IDDM. The assays will also be useful for monitoring the effect of immunotherapy (as described hereinafter) to block or prevent autoimmune reactions to the β -cell and for monitoring the progress of the disease from pre-diabetes to clinical diabetes and will be particularly useful for monitoring the status of transplanted pancreatic β -cells in diabetic patients who have undergone an islet cell graft.

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Suitable assays include both solid phase (heterogeneous) and non-solid phase (homogeneous) protocols. The assays may be run using competitive or non-competitive formats, and using a wide variety of labels, such as radioisotopes, enzymes, fluorescers, chemiluminescers, spin labels, and the like. A majority of suitable assays rely on heterogeneous protocols where the ligand is bound to a solid phase which is utilized to separate the ligand-autoantibody complex which forms when autoantibody is present in the serum sample. A particular advantage of using a purified ligand is that it facilitates the preparation of a solid phase for use in the assay. That is, the ligand may be conveniently immobilized on a variety of solid phases, such as dipsticks, particulates, microspheres, magnetic particles, test tubes, microtiter wells, and the like.

The solid phase is exposed to the serum sample so that the autoantibody, if any, is captured by the ligand. By then removing the solid phase from the serum sample, the captured autoantibodies can be removed from unbound autoantibodies and other contaminants in the serum sample. The captured autoantibody may then be detected using the non-competitive "sandwich" technique where labelled ligand for the autoantibody is exposed to the washed solid phase. Alternatively, competitive formats rely on the prior introduction of soluble, labelled autoantibody to the serum sample so that labelled and unlabelled forms may compete for binding to the solid phase. Such assay techniques are well known and well described in both the patent and scientific literature. Exemplary immunoassays which are suitable for detecting the autoantibodies in serum include those described in U.S. Patent Nos. 3,791,932; 3,817,837; 3,839,153; 3,850,752; 3,850,578; 3,853,987; 3,867,517; 3,879,262; 3,901,654; 3,935,074; 3,984,533; 3,996,345; 4,034,074; and 4,098,876, the disclosures of which are incorporated herein by reference.

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Particularly preferred are sensitive enzyme-linked immunosorbent assay (ELISA) methods which are described in detail in U.S. Patent Nos. 3,791,932; 3,839,153; 3,850,752; 3,879,262; and 4,034,074. Such ELISA assays can provide measurement of very low titers of the autoantibodies.

According to the preferred ELISA technique, the purified ligand is bound either covalently or non-covalently to a solid surface. The solid surface is exposed to the serum sample where autoantibody present in the sample is captured and bound. Typically, the ligand on the solid phase will be present in excess so that the entire quantity of autoantibody may be bound. After separating the solid phase and washing its surface, the solid phase can be exposed to labelled reagent capable of specifically binding the captured autoantibody. The labelled reagent may be labelled purified ligand, or may be other ligand capable of binding to the autoantibody, e.g., labelled anti-human antibody. In this way, label is bound to the solid phase only if autoantibody was present in the serum sample. The enzyme labels may be detected by conventional visualization techniques, e.g., production of a colored dye, chemiluminescence, fluorescence, or the like.

A second preferred embodiment comprises radioimmunoassays (RIA) which are performed using a solid phase which has been prepared as described above. The solid phase is exposed to the serum sample in the presence of radiolabelled autoantibodies which can compete for binding to the immobilized ligand. In this way, the amount of radiolabel bound to the solid phase will be inversely proportional to the amount of autoantibodies initially present in the serum sample. After separation of the solid phase, non-specifically bound radiolabel can be removed by washing, and the amount of radiolabel bound to the solid phase determined. The amount of bound radiolabel, in turn, can be related

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to the amount of autoantibodies initially present in the sample.

In addition to conventional immunological assay protocols as described above, the presence of the 64 k autoantibody in sera may be detected by measuring the effect of the autoantibody on the enzyme activity of lower molecular weight CNS GAD or pancreatic GAD introduced to a sample of the sera. Such direct enzyme assays may be based on the method described by Albers and Brady (1959) J. Biol. Chem. 234:926-928, the disclosure of which is incorporated herein by reference. A detailed description of a suitable technique is presented hereinafter with reference to Fig. 3 in the Experimental section, wherein interaction between the autoantibodies and the GAD is detected based on loss of enzyme activity.

Purified ligand of the present invention can be incorporated as components of pharmaceutical compositions useful to attenuate, inhibit, or prevent the destruction of pancreatic β -cells associated with the onset of insulin-dependent diabetes mellitus. The compositions should contain a therapeutic or prophylactic amount of at least one purified ligand according to the present invention in a pharmaceutically-acceptable carrier. The pharmaceutical carrier can be any compatible, non-toxic substance suitable to delivery the polypeptides to the patient. Sterile water, alcohol, fats, waxes, and inert solids may be used as the carrier. Pharmaceutically-acceptable adjuvants, buffering agents, dispersing agents, and the like, may also be incorporated into the pharmaceutical compositions. Such compositions can contain a single polypeptide or may contain two or more polypeptides according to the present invention in the form of a "cocktail."

It is presently believed by the inventors herein that the destruction of pancreatic β -cells in IDDM is a cellular autoimmune response. Thus, the pharmaceutical compositions should be suitable for

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inhibiting such a response. In particular, it may be desirable to couple the purified ligands of the present invention to immunoglobulins, e.g., IgG, or to lymphoid cells from the patient being treated in order to promote tolerance. Such an approach is described in Bradley-Mullen, *Activation of Distinct Subsets of T Suppressor Cells with Type III Pneumococcal Polysaccharide Coupled to Syngeneic Spleen Cells*, in: IMMUNOLOGICAL TOLERANCE TO SELF AND NON-SELF, Buttisto et al., eds., Annals N.Y. Acad. Sci, Vol. 392, pp 156-166, 1982. Alternatively, the peptides may be modified to maintain or enhance binding to the MHC while reducing or eliminating binding to the associated T-cell receptor. In this way, the modified GAD peptides may compete with natural GAD to inhibit helper T-cell activation and thus inhibit the immune response. In all cases, care should be taken that administration of the pharmaceutical compositions of the present invention does not potentiate the autoimmune response.

The pharmaceutical compositions just described are useful for parenteral administration. Preferably, the compositions will be administered parenterally, i.e., subcutaneously, intramuscularly, or intravenously. Thus, the invention provides compositions for parenteral administration to a patient, where the compositions comprise a solution or dispersion of the polypeptides in an acceptable carrier, as described above. The concentration of the protein or polypeptide in the pharmaceutical composition can vary widely, i.e., from less than about 0.1% by weight, usually being at least about 1% by weight to as much as 20% by weight or more. Typical pharmaceutical compositions for intramuscular injection would be made up to contain, for example, 1 ml of sterile buffered water and 1 to 100 μ g of the purified ligand of the present invention. A typical composition for intravenous infusion could be made up to contain 100 to 500 ml of sterile Ringer's solution and 100 to 500 mg

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pancreatic and brain GAD as demonstrated by Western blotting of 2D gels with the S3 serum (See Fig. 5A).

Fig. 1A is a fluorogram of an SDS-PAGE showing immunoprecipitation of Triton X-114 detergent phase purified soluble fractions from ^{35}S -methionine labelled rat islets (S-100 DP) with GAD antibody positive sera, 64kD antibody positive IDDM sera and control sera. Lanes 2-9, samples from a single immunoprecipitation with sera indicated at the top of each lane; lanes 10-20, samples from a second immunoprecipitation of supernatants remaining after a first immunoprecipitation. Sera used for first and second immunoprecipitations are indicated at the top of each lane. Sera used for the immunoprecipitations are indicated at the top of each lane. Sera used for the immunoprecipitations were: C, sera from healthy individuals; SMS, sera of SMS patients previously shown to be GAD antibody positive (Solimena (1990) *supra.*); 1, sera from newly diagnosed 64kD antibody positive IDDM patients (Sigurdsson et al. *Genetic, Environmental and Autoimmune Etiology. Current Topics in Microbiology and Immunology* (eds. Baekkeskov et al.) Vol. 164 Springer, Verlag, Heidelberg, 1990) (numbers indicate patient code); S3, a sheep antiserum raised to purified rat brain GAD (Oertel et al. (1980) *supra.*). Molecular weight markers are shown in lane 1. The GAD antibody positive sera immunoprecipitate GAD from supernatants after immunoprecipitation with 64kD antibody positive sera (lanes 11 and 18). The 64kD antibody positive sera immunoprecipitate the 64kD protein from supernatants after immunoprecipitation with control serum (lane 16), but not from supernatants after immunoprecipitation with GAD antibody positive sera (lanes 13-15). The triple band represents the 65kD form and 64kD α and β forms of the 64kD autoantigen (Baekkeskov et al. (1989) *supra.*). SMS sera 1, 2, and 3 correspond to patients #190, 188 and 1 (Solimena et al. (1990) *supra.*).

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Fig. 1B is a fluorogram showing immunoprecipitation of the 64kD protein and GAD from S-100 DP of ^{35}S -methionine labelled rat islets before (lanes 2-4) and after (lanes 4-10) trypsin digestion. Serum codes are as in legend for A. NSS is a preimmune sheep serum. Trypsin digestion results in a 55 kD immunoreactive fragment that is recognized by both 64kD antibody positive sera and the GAD antibody positive serum S3.

Neonatal rat islets were isolated and labelled with ^{35}S -methionine as described (Baekkeskov et al. (1989) *supra.*). Islets were swollen on ice for 10 min. in 10 mM Hepes pH 7.4, 1 mM MgCl_2 and 1 mM EGTA (HME buffer) and then homogenized by 20 strokes in a glass homogenizer. The homogenate was centrifuged at 2000g to remove cell debris and the postnuclear supernatant centrifuged at 100,000g for 1 hour to obtain a cytosol (S-100) and a particulate (P-100) fraction. Amphophilic proteins were purified from the S-100 fraction by a modification of the method described in Bordier, C. (1981) *J. Biol. Chem.* 256:1604-1607 for Triton TX-114 phase separation. In short, the S-100 fraction was made 1% in TX-114, warmed at 37°C for 2 min to induce TX-114 phase transition, and centrifuged at 15,000g for 2 min to separate the aqueous and detergent phases. The detergent phase was diluted in 20 mM Tris pH 7.4, 150 mM NaCl (TBS) and immunoprecipitated as described (Baekkeskov et al. (1989) *supra.*) using DP from 300 islets for each immunoprecipitate. Immunoprecipitates were analyzed by SDS-PAGE (10%) and processed for fluorography (Baekkeskov et al. (1981) *Proc. Natl. Acad. Sci. USA* 78:6456-6460). For the trypsin digestion S-100 DP from 4000 islets was diluted to 200 μl 10 mM Hepes, 5 mM EDTA, 5 mM pyrophosphate, 5 mM benzamidine/HCl, pH 7.5. Digested and undigested material was immunoprecipitated and the immunoprecipitants analyzed by SDS-PAGE (15%). Molecular weight markers shown are ^{14}C methylated β -phosphorylase

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and islet cell lysates in a dose-dependent manner and that in parallel, increasing amounts of GAD activity appeared in the immunoprecipitates. The GAD activity recovered in the immunoprecipitates did not account for all the activity lost from the supernatants, probably due to an inhibiting effect of antibodies on enzyme activity. In the case of islet cell extracts obtained from ³⁵S-methionine labelled islets, SDS-PAGE analysis revealed that the only islet cell protein specifically detected in the immunoprecipitates obtained with the 64kD antibody positive IDDM serum was the 64kD autoantigen (see Fig. 1). Thus, the GAD enzyme activity measured in immunoprecipitates obtained with the 64kD antibody positive IDDM serum is a property of the 64kD autoantigen.

Fig. 3A is a plot obtained by immunoprecipitating aliquots (700 islets per sample) of S-100 DP from neonatal rat islets with increasing amounts of the 64kD positive IDDM serum 1-1 (closed symbols) or the control serum C-1 (open symbols). GAD activity was measured in supernatants after immunoprecipitation (squares) and in pellets (circles). The activity in the supernatants calculated as percentage of the activity in non-immunoprecipitated samples incubated with the same amount of control serum. The activity in the immunoprecipitates was calculated as percentage of the activity in samples incubated without serum. Values are mean of 3 experiments \pm standard deviation. Fig. 3B is similar to Fig. 3A, except that aliquots of S-100 DP from neonatal rat brain were used instead of islet cell material.

S-100 DP was prepared from islets and brain as described in the legends to Fig. 1 and 2, except that buffers were supplemented with 1 mM aminoethylisothiouronium bromide hydrobromide (AET) and 0.2 mM pyridoxal-5'-phosphate (PLP). S-100 DP was diluted 10 fold in 50 mM potassium phosphate pH 6.8, 1 mM

AET, 0.2 mM PLP (buffer A) and incubated with the indicated amounts of sera in a total volume of 150 ml for 7 h at 4°C. Immunos complexes were absorbed to 150 μ l protein A-sepharose beads (PAS, Pharmacia) and isolated by centrifugation. The supernatants were collected and centrifuged 3 times to remove traces of PAS. The PAS pellets were washed 5 times by centrifugation in buffer A. The enzyme activity in the PAS pellets and the supernatants were measured using a modified version of the assay first described in Albers et al. (1959) J. Biol. Chem. 234:926-928. Both PAS pellets and supernatants were transferred to 1.5 ml screw cap tubes. 20 μ l 5 mM L-glutamate in buffer A and 0.4 μ Ci [$1\text{-}^{14}\text{C}$]-L-glutamate (59 mCi/mmol, Amersham) were added. The tubes were closed immediately with a cap containing Whatman filter paper soaked in 50 μ l 1 M hyamine hydroxide in methanol and incubated for 2 h at 37°C. The filter paper was then removed and the absorbed $^{14}\text{CO}_2$ measured in a scintillation counter. The specific activity of GAD in homogenates of neonatal brain and islet cell material was similar (approximately 40-70 mU/g protein).

Comparative analyses of brain and β -cell GAD.

Analysis of GAD enzyme activity in neonatal and adult rat tissues showed that GAD is expressed at very high levels in brain and islet cells and is either absent from or present at very low levels in a variety of other tissues analyzed (results not shown) confirming previous reports (Erdo and Bowery (eds.) *GABAergic Mechanisms in the Mammalian Periphery*, New York, Raven Press (1986)). Within islets, double immunostaining with a monoclonal antibody to GAD and either glucagon or somatostatin confirmed the localization of GAD to the β -cell core, and the absence of GAD in the other endocrine cells, which are localized to the islet periphery (Fig. 4). GAD in brain and islets was found to have identical mobility by SDS-PAGE (Fig. 2) and by two dimensional gel electrophoresis using IEF/SDS-PAGE (Fig. 5A). We further

compared the immunoreactive trypsin fragments generated from brain and islet GAD. Trypsin generated a 55kD immunoreactive fragment from both islet and brain GAD (Fig. 5B, see also Fig. 1). In both tissues GAD was found in a soluble hydrophobic as well as a membrane bound hydrophobic forms (Fig. 5B) as described for the 64kD islet cell autoantigen. The 65kD component of the 64kD protein was detected in brain and islet cells in some (Fig. 1A, Fig. 5A panels b and c, Fig. 5B and Fig. 6) but not in other analysis (Fig. 1B and Fig. 2). Furthermore the 64kD α/β doublet was detected in some analysis (Fig. 1A and 6). In sum the analyses of immunochemical and biochemical properties of the brain and islet GAD suggest that they are highly homologous.

Fig. 2 is an immunofluorescence micrograph showing pancreatic islets. The islet in panels a and c was double labelled for GAD and glucagon. The islet in panel b and d was double labelled for GAD and somatostatin. Arrows point to corresponding cells in the two pairs of panels. The β -cells in the central core of the islet, are brightly stained with the GAD antibody, while the glucagon and somatostatin positive cells do not stain with the same antibody.

Formaldehyde fixed frozen sections of rat pancreas were first rhodamine labelled for GAD using a mouse monoclonal GAD6, raised to purified rat brain GAD (Chang et al. (1988) *supra.*) and then fluorescein labelled for glucagon or somatostatin using rabbit polyclonal antibodies to either hormone and using methods described (Baumert et al. (1990) J. Cell Biol. 110:1285-1294). GAD6 was obtained from Dr. D.I. Gottlieb, University of Washington. Bar = 25 mm.

Fig. 5A is a two-dimensional (2D) gel electrophoresis of neonatal rat and islet cell GAD/64kD antigen. Panels a and b, Western blots of 2D gels of a neonatal islet particulate fraction (a) and a brain fraction (b) probed with the GAD antiserum S3; panels c

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digested with trypsin as described in legend to Fig. 1. Brain and islet cell fractions were subjected to SDS-PAGE using 15% polyacrylamide gel. Western blotting and staining procedures were as described in legend to Fig. 2.

Comparison of GAD antibodies in SMS and IDDM sera.

The GAD reactivity in SMS sera has been demonstrated by Western blotting and by immunocytochemical staining of fixed tissue sections (Solimena et al. (1988) *supra.* and Solimena et al. (1990) *supra.*), i.e., assays that involve complete or partial denaturation of the antigen. The standard assay for 64kD antibodies in IDDM sera has been immunoprecipitation from islet cell lysates prepared in non-denaturing conditions (Baekkeskov et al. (1987) *J. Clin. Invest.* 79:926-934, Baekkeskov et al. (1982) *supra.*, and Baekkeskov et al. (1989) *supra.*). We selected sera from the individuals who had the highest immunoreactivity to the 64kD autoantigen in immunoprecipitation experiments in a survey of 112 IDDM patients and prediabetic individuals without SMS (Sigurdsson et al. (1990) *supra.*) and tested them for immunoreactivity to the brain GAD protein on Western blots (5 sera) and for immunostaining of GABA-ergic neurons (7 sera). The results were compared with those for SMS sera. In contrast to the SMS sera, none of the IDDM sera detected the denatured GAD protein on Western blots (Fig. 6), and only one was able to weakly immunostain GABA-ergic neurons (Fig. 7 panel C). Titration of IDDM and SMS sera in immunoprecipitation experiments furthermore showed that SMS sera typically had 10-200 fold higher titer of GAD antibodies than IDDM sera (results not shown). In another survey of 74 IDDM patients, only three were found to be positive for antibodies to GABA-ergic neurons (Fig. 7, panel B) including the only two who were positive by Western blotting (13 and results not shown). In contrast, all SMS sera positive by immunochemistry and/or Western

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(preimmune) sheep serum. (SMS sera 4 and 5 correspond to patients #161 and 176 in Solimena et al. (1990) *supra.*).

Bright field light microscopy micrographs showing immunostaining of GABA-ergic nerve terminals in the rat cerebellar cortex with SMS and IDDM sera. Panel a, SMS-3 serum; panel b, IDDM serum 1-8 (patient 69 of Solimena et al. (1990) *supra.*); panel c, IDDM serum 1-2; panel d, IDDM serum 1-1. All sera, except 1-1, show the typical stain of GABA-ergic nerve terminals. Note the accumulation of immunoreactivity at the base of the Purkinje cells, where the GABA-ergic nerve endings of basket cells terminate. Procedures were carried out as described in Solimena et al. (1990) *supra.*

IDDM Patient Autoantibodies Recognize Both Molecular Weight Forms of Pancreatic GAD.

We cloned the higher molecular weight form of pancreatic GAD (GAD_{67kD}) from a rat islet cDNA library. By expressing this protein in a mammalian cell line (COS), we were able to produce GAD_{67kD} that retained its enzymatic activity and was recognized by well characterized antibodies to brain GAD. We have used this cellular expression system to assess whether GAD_{67kD} is a target of autoantibodies in IDDM and, if so, whether the antibodies occur with similar incidence as antibodies directed towards the lower molecular weight form of pancreatic GAD (GAD_{64kD}).

COS cells transfected with plasmids containing the cloned GAD_{67kD} gene, and COS cells containing plasmids with the same gene inserted in a reverse direction (control) were cultured under standard conditions and labelled with ³⁵S-methionine. Soluble hydrophilic proteins were isolated from the labelled cells (Baekkeskov et al. (1990) *Nature* 347:151-156), and immunoprecipitated with sera from 27 newly diagnosed IDDM patients, 15 prediabetic individuals (4 months to 7 years before clinical onset), 8 SMS patients, and 10 healthy individuals. 91.4% of all GAD_{64kD} antibody positive sera

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from newly diagnosed IDDM patients and prediabetic individuals recognized GAD_{67kD} (Fig. 7). Furthermore 2/5 (40%) GAD_{64kD} antibody negative individuals were GAD_{67kD} antibody positive. All the GAD_{64kD} antibody negative control were were also negative for GAD_{67kD} antibodies. All SMS patients tested in the study, showed antibodies against both forms of GAD. The COS cells containing the GAD_{67kD} gene inserted in the reverse direction did not contain any proteins that were specifically precipitated by IDDM sera.

We have thus demonstrated that the GAD_{67kD} and GAD_{64kD} antigens both contain epitopes recognized by antibodies associated with early and late phases of β -cell destruction. The high correlation between antibodies against GAD_{64kD} and GAD_{67kD}, found in this study points to a high degree of homology between autoantigenic epitopes in the two forms of the enzyme. However, the data also indicates that the GAD_{67kD} form contains distinct autoantigenic epitopes not present in the GAD_{64kD} form and that testing for antibodies against both forms increases the sensitivity in newly diagnosed patients and prediabetic individuals.

Cloning of the rat islet GAD_{67kd} was performed as follows. Four oligonucleotides matching sequences 128-151, 1112-1137 (reverse); 1035-1061 and 1883-1909 (reverse) of the published brain form of rat GAD cDNA (Julien et al. (1990) J. Neurochem. 54:703-705). They were used in combinations of two (128-151/1112-1137 and 1035-1061/1883-1909) in PCR reactions to amplify homologous sequences in cDNA from rat islets. The amplification products of each PCR reaction were then analyzed by agarose gel electrophoresis and the products within the size range expected were subsequently picked and amplified further with the appropriate primer pair to isolate individual PCR bands. We next asked whether any of these discrete bands consisted of a single DNA species, reflecting the amplification of part of the

desired gene. The isolated molecules were digested with specific restriction enzymes. In most instances, the generated set of fragments had the size of the original brain cDNA. These PCR bands therefore each appear to contain a single cDNA species. To determine the nature of these cDNAs, an aliquot of the reaction was cloned into the plasmid vector Bluescript KS+, and colonies were screened with a probe consisting of a fragment from a cDNA clone of GAD_{67kD} from rat brain obtained from Dr. A. Tobin of the University of California. Hybridizing colonies were subjected to PCR amplification, and only those giving a PCR product of the appropriate size were purified and further subjected to DNA sequence analysis. The sequence of each clone was completed with internal primers corresponding to nucleotides 500-516, 1305-1321 (antisense) and 1440-1556(antisense). PCR experiments using nested primers (standard primers followed by primers to internal sequences) were used to verify that fragments giving a positive signal were devoid of spurious molecules. The sequencing of the cDNAs showed a complete sequence homology with GAD_{67kD} in brain. Thus, rat islet cells express a form of GAD which is identical to GAD_{67kD}. Based on those results and the comparative analysis of GAD_{67kD} in brain and the 65kD form in islets at the protein level, we conclude that the 65kD β -cell is encoded by the GAD_{67kD} gene.

Similar results were obtained with COS cells expressing human brain GAD_{67kD} (higher molecular weight form) and GAD_{65kD} (lower molecular weight form). cDNA clones isolated from a human brain cDNA library and encoding GAD_{67kD} or GAD_{65kD}, obtained from Dr. Tobin, were inserted into a COS-cell expression vector 91023B (Wong et al. (1985) Science 228:810-815). COS7 cells were transfected using a lipofection reagent and labelled with ³⁵S-methionine 48 hours after transfection. We used cell lysates from the COS transfection to analyze sera from 25 newly diagnosed IDDM patients, 14 prediabetic

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individuals, 8 SMS patients, and 10 controls. All of these sera (except for controls) had previously been found to contain antibodies to the amphiphilic 64kD form of GAD using isolated islets as a source of antigen. All sera which were previously positive for the 64kD islet cell form were also found to be positive for COS-cell GAD_{65kD}. Similarly, all sera negative for antibodies to the islet 64kD form were negative for antibodies to COS-cell GAD_{65kD}, thereby confirming that GAD and the 64kD islet cell form are antigenically identical. Although the majority of IDDM sera (18/25) and prediabetic sera (8/14) and all SMS sera (8/8) recognized both GAD_{65kD} and GAD_{67kD}, sera from a few IDDM patients recognized either GAD_{65kD} (3/25) or GAD_{67kD} (3/25) but not both forms. Furthermore, amongst the prediabetic individuals, 3 of 14 specifically recognized GAD_{65kD} whereas none were specific for antibodies to GAD_{67kD}. We conclude that autoantibodies in both IDDM and SMS patients can recognize both forms of GAD in a native configuration and that some IDDM and prediabetic individuals can preferably recognize either one or the other form of GAD. The results in the prediabetic group suggest that antibodies may develop earlier to GAD_{65kD} than to GAD_{67kD}. *(see Fig. 8)*

Characterization of Pancreatic GAD and Comparison with CNS GAD.

We have identified two autoantigenic forms of GAD in rat pancreatic β -cells, a Mr 65000 (GAD_{65kD}) hydrophilic and soluble form of pI 6.9-7.1, and a Mr 64000 (GAD_{64kD}) component of pI 6.7. GAD_{64kD} was found to be more abundant than GAD_{65kD} and has three distinct forms with regard to cellular compartment and hydrophobicity. A major form of GAD_{64kD} is hydrophobic and firmly membrane-anchored, and can only be released from membrane fractions by detergent. A second form is hydrophobic but soluble or of a low membrane avidity, and a third minor form is soluble and hydrophilic. All the GAD4kD forms have identical pI and mobility on SDS-PAGE. Results of

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pulse chase labelling with ^{35}S -methionine were consistent with $\text{GAD}_{64\text{kD}}$ being synthesized as a soluble protein that is processed into a firmly membrane anchored form in a process which involves increases in hydrophobicity but no detectable changes in size or charge. All the $\text{GAD}_{64\text{kD}}$ forms can be resolved into two isoforms, α and β , which differ by approximately 1 kDa in mobility on SDS-PAGE but are identical with regard to all other parameters analyzed in our study. $\text{GAD}_{65\text{kD}}$ has a shorter half-life than the $\text{GAD}_{64\text{kD}}$ forms, remains hydrophilic and soluble, and does not resolve into isomers. Comparative analysis of the brain (CNS) and β -cell forms of GAD showed that $\text{GAD}_{65\text{kD}}$ and $\text{GAD}_{64\text{kD}}$ in pancreatic β -cells correspond to the larger and smaller forms of GAD in brain respectively.

Although the foregoing invention has been described in detail for purposes of clarity of understanding, it will be obvious that certain modifications may be practiced within the scope of the appended claims.

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